Since its inception in 1993, Pravah has designed and facilitated several programs reaching out to hundreds of young people, as well as youth facilitators, teachers, young social entrepreneurs and youth organizations.

In all its programs, Pravah seeks to provide 5th space experiences for young people. Most young people’s worlds are circumscribed by four socially legitimized spaces: a) the family; b) school and other educational or work-related spaces; c) the company of peers; d) leisure and lifestyle spaces. The ‘5th Space’ allows young people to develop their leadership skills while contributing positively to the life of their communities. It builds on aspects of understanding the self, developing meaningful relationships and impacting society – all of which are critical to youth development. While impacting society, young people impact themselves and if facilitated properly these experiences lead to heightened self-awareness, enhanced leadership skills (for example, problem solving, decision making, team work, conflict resolution, etc.), the ability to take informed stances and to engage with social issues.
Our key programmes are:

**ADOLESCENT INTERVENTIONS**

**From Me To We (FMTW)**
From Me to We builds leadership skills in adolescents. The curriculum promotes self-awareness, skills for conflict resolution, and awareness of social issues. Delivered through workshops in schools, it has been tailored to meet requirements of the Continuous Comprehensive Evaluation (CCE).

**Students' Mobilization Initiative for Learning through Exposure (SMILE)**
SMILE creates opportunities for students to understand social realities, make the connection between themselves and larger society, learn relevant leadership skills and engage in citizenship action.

**Teacher Training**
Pravah facilitates workshops with in-service as well as pre-service teachers as part of the B.E.Ed program.

**Building Leadership through Community Exposure**
These residential camps build leadership skills and include a community visit during which students get a chance to engage in community work and develop a better understanding of people from different realities.

**Friendship UdaNkhatola (FUN Camp)**
FUN Camp is a week-long urban-rural interchange between adolescents. Designed as an experiential learning program, FUN camps expose and sensitize adolescents to various facets of rural and / or urban life and socio-economic issues, while inspiring them to act for change.

**Change Looms: Learning and Leadership Journey**
Change Looms promotes, supports and strengthens youth-led social initiatives across the country. It provides significant inputs in organizational development and builds leadership capacities of the young founders and team members of these initiatives.

**Streaming Partnerships**
Pravah develops long-term strategic partnerships with like-minded individuals and organizations to co-create youth interventions and / or facilitate the start-up of new youth organizations. The aim is to create a strong network that can advocate for youth development.

Pravah also designs and facilitates journeys for young people, youth facilitators, including teachers in partnership with other organizations.

**OVERVIEW: Pravah’s Programs**

Dear Friends,

This was the year of the SCOUL for Pravah. Demonstrating SCOUL was our response to the age-old question, namely, ‘Are depth and scale mutually exclusive?’ We found that going to ‘scale with soul’ or (SCOUL) rather than simply ‘going to scale’, was far more enriching and effective.

So for the first time we decided to bite off what seemed like pretty big bites to chew! In collaboration with DFID’s PACS programme, Pravah, as the lead partner, designed and facilitated learning journeys for 350 field facilitators from 50 CSOs across 7 states. UNFPA also partnered with Pravah to re-strategize the Teen Club programme. As the national resource organization in this partnership, we developed a curriculum and built capacities of field functionaries of 1860 Teen Clubs in 10 districts with a membership of approx. 35000 primarily out of school, rural adolescents. Pravah and its partners also participated in *The My Space – My Unmanifesto Campaign* led by Community – The Youth Collective and helped to reach out to over 14 lakh young people in 22 states.

The feedback and outcomes of these journeys have been overwhelming and convinced us that it is, indeed, possible to reach out and impact large numbers of people without compromising on quality. What you do need is a passionate, highly skilled and dedicated team and like-minded partners to make a deep impact.

SCOUL comes in many shapes and sizes. One way to ensure SCOUL has been the development of new curricula. Pravah has developed three new curricula in partnership with different organizations. This includes *Caste in Stone?* - a curriculum on social inclusion supported by Christian Aid and developed together with Patang, Anhad Pravah and Pravah Jaipur Initiative. The second, recently developed curriculum is *PrayaSapna* for the Teen Club programme. We have also developed a manual entitled *Co-creating Youth Spaces* for setting up model Youth Clubs, in partnership with CYPA and NYKS. These materials will serve as valuable resources for organizations working with young people.

2013-14 was also the year when the Pravah stream flowed into Indore and Hyderabad. Thanks to two enterprising Pravah team members,
Anhad Pravah and Pravah Pahal were set up in their respective hometowns and have become instrumental in taking the 5th space to both cities.

All in all it has been an exciting year which has enabled us to stretch ourselves and learn more deeply. This journey could never have been possible without the amazing partners, volunteers, and supporters – both individual and institutional.

Thank you so much for walking with us and believing in us! We do hope that you will enjoy reading this report as much as we did putting it together!

Onwards to new adventures!
With warmest regards

Neha Buch
CEO - Pravah
Pravah’s Adolescent Interventions support schools in creating spaces for young people to grow as responsible citizens, nurture their leadership skills and contribute positively to their communities. It also enables pre and in-service teachers to design and implement life-skills and leadership curricula so that it can be integrated into the mainstream education system. Pravah also partners with other organizations and designs projects for both school and out-of-school adolescents.


Building Leadership through Community Exposure

Thirty students participated in a 5-day leadership workshop during which they spent 3 days engaging in community work with the children of Aman Biradari, an NGO that works with the homeless in Delhi. One group made teaching aids, another group planted saplings in the campus and the last group painted a mural on the wall in the dormitory. By the end of the workshop, the students along with their new friends from Aman Biradari, had also written and compiled a newsletter about their learning and celebrations.

The Adolescent Interventions conducted two open workshops on the beautiful grounds of Anandgram, Sanskriti Kendra. A 5-day workshop in June focused on understanding leadership using creative and puppetry. Participants came from private schools as well as young people from Aman Biradari and Jamghat. Along with discussions and inputs on leadership, participants also built skills in these areas, created media products and then showcased these at a mela on the last day. In October, the 2 –day My Story workshop focused on identities, relationships and conflict resolution. It used innovative methods, such as pottery, treasure hunt and other games to engage the participants and develop their leadership competencies.

From Me to We

Life Skills Workshops

Students were taken through a learning journey to enhance their understanding of themselves (Self), the world around them (Society) and the interconnections between the two. Sessions included the importance of appreciating others, self-reflection, recognizing one’s personal strengths and opportunity areas, taking responsibility, working in groups and recognizing stereotypes. Students also went on a community visit to NGOs – Aman Biradari and Aarohan – both of which provide quality education to street children and children from low-income families respectively.

In 2013 – 2014, 248 students of Sanskriti school, Chanakyapuri went on Pravah’s outbound FUN camp. The camps were designed to familiarize urban students to issues of alternative livelihoods, village economy, local governance and integrated development. Students also got an opportunity to reflect on their own lifestyles and the connections between urban and rural lives. The camps were organized in collaboration with our partners Gram Vikas Navuyavak Manadal (GVNML), Lapodiya, Rajasthan; CECOEDECON, Jaipur; Rajasthan; Sri Kamdhenu Manav Sewa Trust (SKMST), Una, Himachal Pradesh.

Fun Camps

Students from Heritage School, Gurgaon spent 3 days engaging in community work with the children of Aman Biradari, an NGO that works with the homeless in Delhi. One group made teaching aids, another group planted saplings in the campus and the last group painted a mural on the wall in the dormitory. By the end of the workshop, the students along with their new friends from Aman Biradari, had also written and compiled a newsletter about their learning and celebrations.

Building Leadership through Creative Media

means such as comics, theatre and opportunities for young people to grow as responsible citizens, nurture their leadership skills and contribute positively to their communities.

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As a team member in class activities, I couldn’t understand why people did not open up easily with each other. Now I have a better understanding of how we all operate, and that we all take our time to open up with new people.

~ Student, Bluebells School International

Misadventures in a village: Memories from a FUN Camp

I learnt to be patient and to respect everybody’s opinions even though they were very different from mine.

~ Student, GVNML Camp, Nov 2013

After doing one hour of manual labour, I realised that all jobs we consider small are not so small. Now I have more value for manual labour. I will respect and not take for granted efforts put in by labourers.

~ Student, CECOEDECON Camp, Jaipur, Oct 2013

Watch the film: youtube.com/the5thSpace
Other partnerships

• A workshop on “Coping with Emotions” with 50 participants from Jamghat, an NGO that works with street children

• A workshop on leadership with the students of the American Embassy School

• Life skills workshops with 60 adolescent girls from Gargi Kanya Vidyalaya, Green Park and Sabla Project, at Dilli Haat (Pritampura and INA) during the Vatsayala Mela organized by the Ministry of Women and Child Development.

• Workshop and community visit with 27 participants of IILM’s young scholar’s program – an open program for adolescents from different schools.

Safe School – Safe City Project was implemented in collaboration with Jagori in 8 government schools in Southern Delhi reaching out to a total of 870 students. This pilot project initiated by the Directorate of Education addressed the need of women’s safety in the city and sought to change attitudes and behaviors towards women’s safety. A 2-day workshop was conducted with 2 teachers from each school and a series of workshops were conducted with students. The Project was closed with a meeting with the teachers and principals of South district government schools, New Delhi. The recommendations from the project were accepted and are getting implemented by the Department of Women and Child Development, Delhi Government.

Workshops for Pre-Service Teachers

Pravah’s teachers training team facilitated intensive workshops with 100 pre-service teachers from Jesus and Mary College and Miranda House. Aimed to improve self-confidence and relationships with both students and families, these workshops form a part of the ‘Self Development’ course under the B.El.Ed curriculum.

Since 2011, UNFPA has been partnering with NYKS to implement a program with primarily out-of-school adolescents by creating spaces where they can build their capacities and take leadership and responsibility for themselves and to some extent their families and communities. As part of this, 1,860 Teen Clubs with a membership of approx. 35,000 rural adolescents have been established in 10 districts of five UNFPA priority states with the overall objective of ensuring a healthy and safe growing up process for adolescents primarily in out-of-school settings. The program is running in Jhabua and Mandla in Madhya Pradesh, Ganjam and Koraput in Odisha, Udaipur and Jalalawar in and Rajasthan, Purnea and Gaya in Bihar and Satara and Amrawati in Maharashtra.

In September 2013, Pravah was invited by UNFPA as a national level resource organization to re-strategize and strengthen the teen clubs. To this end, Pravah provided support in program and curriculum design. It co-created, in consultation with stakeholders, Prayaspapa - a curriculum for out-of-school, rural adolescents with the vision to create an “empowering space that nurtures and inspires adolescents to identify and fulfill their aspirations for a happy and healthy life”. This curriculum lays equal emphasis on the young person’s Sapna (Dream) as well as the Prayas Apna or the effort each adolescent must make to fulfill their dreams.

A 2-day multi-stakeholder workshop was organized in December in Delhi with the aim to build on experiences of the project thus far, and to inform the design of the next phase of the program. The objective was to review, analyze and recommend changes that need to be introduced to make the program more effective. A second workshop was conducted in February with all stakeholders, including NYKS, newly selected state NGOs, UNFPA Delhi and state offices and Pravah, to co-create the program design including the vision, roles, processes and get feedback on the curriculum.

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Pravah’s youth interventions enable college students and other young people between the ages of 17 – 25 years to become stakeholders, leaders and active citizens by facilitating their journey from self to society. The journey includes skill building workshops, discussions on social issues, youth clubs, group exposures and rural internships.

The SMILE in-turn-ship invites volunteers to “turn in to see how the world turns out.” The name signifies a journey of self discovery through experiential learning and community engagement.

SMILE In-turn-ship

In 2013 – 2014, 96 volunteers participated in the summer and winter in-turn-ships. After identifying their learning needs and choosing a placement organization with the help of the Pravah facilitator, volunteers attended a 4-day orientation camp to get prepared so they can gain maximum value from this experience. After completing the in-turn-ship, volunteers came together to reflect on their experiences and share their insights with their peers. The journey has been transformational for many participants and they have come back with a more informed worldview and with an enhanced understanding of their own potential. The in-turn-ship has also sparked off a desire to act for social change and 20 volunteers opted to continue their journeys as youth facilitators with Pravah after completing the in-turn-ship. They have led social action projects like Music for Harmony and helped to design and facilitate Youth Addas on various social issues.

Music for Harmony (M4H) is an annual festival that culminates with a daylong celebration of peace and harmony through different creative arts such as live music, dance performances and street theatre. What makes M4H different from other festivals is that it is completely youth-led. From deciding the theme to designing the schedule of activities, from drafting budgets to inviting performers, the fate of M4H lies in the capable hands of volunteers who devote their time and talents to bringing the festival alive.

The 2014 Music for Harmony saw audiences swaying to some amazing musical performances by Madan Gopal Singh, Menwhopause, Manzil Mystics, Delhi Drum Circle and, of course, our very own band made up of Pravah team members.

There were also stellar performances by the SRCC theatre group and a dance performance by Ekyantarang. Participants had fun with face painting, posing with props in the photo booth and selecting promises they wanted political parties to include in their election manifestos. The festival concluded with a symbolic message of peace: candles were lit and placed on the ground in the shape of a peace symbol and lanterns were released and filled up the sky.

22 young people went on a group exposure to learn about a social issue. They visited Manthan in Rajasthan and Development Alternatives’s centre – Taragram – in Orchha. In both locations, they explored the concept of sustainability. In Manthan, they learned how grassroots communities were promoting environmental sustainability through recycling, rainwater harvesting and the generation of solar energy. In Taragram, they looked at experiments in agriculture, water and sanitation and discussed how our lifestyle choices impact communities.

Youth addas are held every month and provide a space for young people to come together, interact with each other, have fun and explore a theme of their own choice and learn about opportunities to intervene and make a difference. They are organized and co-facilitated by young people themselves. In 2013 – 2014, 10 Youth Addas were held on different social issues, such as sustainable development, peace and harmony, social exclusion, human rights, gender equality and women’s empowerment. 250 young people participated in these addas.

Held in August 2013 at the Vishwa Yuvak Kendra, Jashne – Aghaz celebrated the successful journeys of SMILErs who had been for the in-turn-ship and returned with many enriching experiences and insights about themselves and the communities they had visited. The felicitation event brought together enthusiastic volunteers, their parents, Pravah alumni and the Pravah team and inspired many more students to go on the in-turn-ship.

Music for Harmony

Music For Harmony

SMILE: Changing the World Within

Pravah’s team members generated a very high level of interest among students, and that too with remarkable ease. I am sure that they provided the students with enough food for thought, thus opening avenues for introspection (and subsequent discussion) regarding discovering oneself, placing ‘self’ in the context of society, and playing a meaningful role as a change-maker.

~ Lakshay, SMILEr

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SMILE: Interventions

Students Mobilization for Learning through Exposure (SMILE)

SMILE is a national program which was started by the Indo Global Social Service Society (IGCSS). Pravah facilitates SMILE journeys for youth across India as a way to engage young people to create their own 5th Space and become learners from life.

Watch the film: youtube.com/the5thspace

As I reflect upon my SMILE journey, I realize I have become more independent and gained the experience to face challenges and deal with community issues.

~ Dr. Riaz Ahmad, Satyawati College, Delhi University

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Watch the film: youtube.com/the5thspace

As I reflect upon my SMILE journey, I realize I have become more independent and gained the experience to face challenges and deal with community issues.

~ Lakshay, SMILEr
Café Mohalla is a hangout space for young people. A committee of 4 – 5 volunteers organizes a weekly café for young people where they can make friends and discuss issues that they are passionate about. Issues discussed last year included gender, stereotypes, identities, sexuality, diversity and social inclusion. They also discussed the possibility of pursuing one’s passion as a profession and the meaning of success. These discussions take place in an informal and fun atmosphere – often accompanied by music, movies and, of course, food. A total of 36 cafes were held in the year with an average of 25 volunteers each week.

PJII is a Pravah incubation in Jaipur that builds capacities of young people so they can become leaders of change.

In 2013 – 2014, Pravah Jaipur reached out to more than 2000 college students through interactive sessions in colleges, campaigns, as well as through Inward Bound – a self-facilitated, interactive installation that encourages participants to look within and invites them to embark on a journey of self discovery. In the course of the year, 15 students participated in Get Real – a workshop on building deep self-awareness. Eighteen participated in a conflict positive workshop and 14 students went on SMILE in-turn-ships. 25 students of IIIM college participated in a workshop on inclusive identities and deepened their understanding of social exclusion. The Caste in Stone? curriculum at this workshop questioned the idea of caste – or for that matter any other identity - being permanently cast in stone.

Pravah Jaipur volunteers organize a campaign every year during the festival of Makar Sakranti. In 2014, they visited a number of colleges, schools, NGOs, and public spaces around the city and distributed over 5000 kites with peace messages. Twelve volunteers took the lead in organizing this campaign and reached out to over 900 people from different socio-economic backgrounds, who participated in the campaign and flew a kite to give peace a chance. They also developed and performed a play on the role of inclusive identities in promoting peace.

Addressing Gender Based Violence

Pravah Jaipur Initiative started an intervention reaching out to young people with a focus on gender-based violence. It conducted gender sensitization workshops and developed leadership skills so that the students become aware of their stereotypes and work towards building more equal gender relations. Young people were facilitated to recognize how gendered identities are created and how they can question and redefine these identities. Sessions on sexual harassment were also conducted with 275 students of Step by Step and Tagore Public School.

Jashn-e-Jaipur: Youth Jumbish is an annual festival conceptualized and organized by a core group of Pravah Jaipur volunteers. For the volunteers it is an opportunity to build their leadership skills by working together, facing challenges and overcoming them as a team. In 2013, the festival brought together 350 school and college students to celebrate youth leadership and to inspire young people to become role models. Six young change makers were felicitated for taking up social action projects in their communities.

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I worked as a youth facilitator and conducted some of the gender workshops in schools. It was a huge learning experience for me. It helped me clarify my own concepts about gender, to improve my theatre skills, my ability to work with a group, and to manage a project.

~ Mumal, Participant

After the gender workshop, I started to question the gender roles and asked my father why my sister could not go out to buy groceries. I realized that boys and girls can do anything in this world, and nothing is limited to a specific gender.

~ Aamir, Participant

When I was a kid, I used to cry at times. Everyone would ask me ‘Why are you crying like a girl?’ I have heard this since I was a child, so now I have stopped showing my emotions in front of others. After the gender workshop, I asked myself, “Why can’t boys cry?” Now I know, it’s okay, if I feel like crying. It is more important to find out the reasons.

~ Amreen Ahmed
Change Looms is a collaborative programme implemented together with Commutiny – The Youth Collective (CYC) to recognize and support young social entrepreneurs. Since its inception in 2005, it has supported over 150 youth-led social change initiatives across the country.

This period saw the closure of the 2012-2013 batch. 21 teams came together to share their learning and celebrate their journey at a Public Recognition Event in June 2013. The period also saw the initiation of a new cycle of Change Looms. From June onwards, we were able to select 15 Change Looms teams, comprising 23 young leaders.

A 2-day closure workshop in June turned out to be an excellent opportunity for participants to reflect, discuss the impact of the program, and to consolidate their learning. Reflections were elicited through creative exercises and looked at impact on the Self, on relationships, on the organization and the community.

As illustrated in the quotes below, the Change Looms journey enabled participants not only to enhance their leadership skills and improve their relationships, but also to strengthen their social change initiatives and the communities with whom they work:

**The Closure Workshop (2012 – 2013 Cohort)**

**Having grown up in a conflict environment, youngsters in Saikul stopped believing in themselves. Some resorted to drugs or joined underground groups. Today as a result of our intervention, their confidence levels have shot up and they have started to realize their potential.**

~ Hejjang, InSIDE, Manipur

**By looking at needs of young people and revising the curriculum used in its training centre, Aajeevika Bureau has managed to reduce the drop out rate from approx. 10 per training to only 1 or 2. Thanks to the improved training, there has been an increase in migrants’ employability skills, self-confidence and communication skills.**

~ Jahid, Udaipur

A dialogue was facilitated between the young change leaders and representatives of the United Nations and other development agencies, including, NFI, Oxfam India, IGSSS, Unniti Foundation, Action Aid, Vishwa Yuvak Kendra and The Sir Ratan Tata Trust. The invitees engaged in a dialogue with the young leaders and told them about their youth work and their experiences of supporting youth led organizations. They shared valuable insights on how youth led organizations can identify partners and access resources for their initiatives. The young leaders presented their work and its impact through a creative visual display. The dialogue built visibility for the program and gave teams an opportunity to explore the potential for future partnerships. One of the teams got financial support from NFI while another 3 teams managed to get support from Unniti Foundation.

At the public recognition event, the young leaders were felicitated and recognized for their commendable work. The event and the stories of the young change leaders were covered widely in the national press – including in the Asian Age, Deccan Herald and Sunday Guardian.

After a rigorous selection process, that included phone interviews and field visits, a total of 15 teams – comprising 21 members – from 8 states were selected. 5 teams are working in rural areas and 8 teams are working on the prevention of gender-based violence.

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### Change Looms teams (2013 – 2014)

<table>
<thead>
<tr>
<th>Team Name</th>
<th>City, State</th>
<th>Services and Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monisha Vemavarapu</td>
<td>Anhad Pravah, Indore, MP</td>
<td>Anhad Pravah seeks to create 5th space experiences for young people in Indore with a vision to build inside-out youth leadership.</td>
</tr>
<tr>
<td>Sandeep Mehta &amp; Kuldeep Arakka</td>
<td>Bharat Calling, Itarsi, MP</td>
<td>Bharat Calling connects rural SC and ST youth with opportunities to access higher education and works with them on their self-development.</td>
</tr>
<tr>
<td>Maniung</td>
<td>Faith Foundation, Meghalaya</td>
<td>Faith Foundation addresses substance abuse among young women through counseling, awareness and arts programs in schools, colleges and communities.</td>
</tr>
<tr>
<td>Lumpheng Lhingneithem AKA Mimi</td>
<td>InSIDE - NE, Manipur</td>
<td>InSIDE – NE provides career guidance and counseling to young people. It also facilitates workshops, exposure, children's camps, football coaching camps so that young people can express themselves, build their skills and develop mutual respect.</td>
</tr>
<tr>
<td>Vaishali Singh</td>
<td>Must Bol Campaign, Delhi</td>
<td>Must Bol is an online and on-ground campaign that addresses gender-based violence among young people using social media, films and posters, as well as workshops with college and other youth.</td>
</tr>
<tr>
<td>G Sankari &amp; B Suresh</td>
<td>Nirangal, Chennai, Tamil Nadu</td>
<td>Nirangal works to further the human rights of sex workers and the LGBT community through advocacy, crisis intervention and human rights education.</td>
</tr>
<tr>
<td>Aditya Gupta</td>
<td>People for Parity, Delhi</td>
<td>People for Parity P4P works with young people to empower them to curb violence against women and to create technology that can be used to enhance women's safety.</td>
</tr>
<tr>
<td>Amreen Ahmed</td>
<td>Pravah Jaipur Initiative, Jaipur, Rajasthan</td>
<td>Pravah Jaipur Initiative (PJI) provides young people in Jaipur with a space where they can undergo a journey from Self to Society.</td>
</tr>
<tr>
<td>Navendu Mishra</td>
<td>Shikshalay, Madhya Pradesh</td>
<td>Shikshalay provides rural youth with supplementary education and also helps them to stand up for their rights and realize their aspirations.</td>
</tr>
<tr>
<td>Jagannath Samanta &amp; Pranay Dolai</td>
<td>Swapno Youth Group, Namkhana, WB</td>
<td>Swapno provides young men and women in rural West Bengal a space for developing self-awareness and leadership skills. It also helps them to understand and reduce gender-based violence in their families and communities.</td>
</tr>
<tr>
<td>Bandana Makhal &amp; Shampa</td>
<td>Ujjain Youth Group, Kolkata, WB</td>
<td>Ujjain engage with young girls and their families in conversations on early marriage, gender roles and realizing their aspirations, while also making critical interventions to prevent gender-based violence.</td>
</tr>
<tr>
<td>Yanmi Deendayalan &amp; Bhamati Sivapalan</td>
<td>Safe City Pledge, Delhi</td>
<td>Safe City Pledge is a campaign under the Blank Noise collective which is committed to addressing street harassment and ending sexual violence by reaching out to citizens and encouraging them to identify and pledge their role in building safe cities.</td>
</tr>
<tr>
<td>Shyam Bansal</td>
<td>Sheltering Books, Jaipur, Rajasthan</td>
<td>Sheltering Books offers children and adolescents from underprivileged backgrounds a safe space so that they can develop competencies for self-expression, critical thinking, collective decision making and become more informed and independent people.</td>
</tr>
<tr>
<td>Donbokland</td>
<td>Youth for Mission and Development Organisation (YMDO), Meghalaya</td>
<td>YMDO promotes a culture of entrepreneurship among the youth and school dropouts in rural Meghalaya.</td>
</tr>
</tbody>
</table>
Two Learning Events were organized in 2013 in partnership with Pravah’s Learning Voyages team. The first Development Center in July was designed as a 5-day immersion workshop during the course of which Changeloomers came together, exchanged their stories, their work and challenges. Several intimate sharing spaces were created which helped to forge new friendships and deepen relationships. Learning areas explored included deep self awareness, team building, systems thinking and organizational development, youth development and the 5th space, and gender-based violence.

A second Development Center in October was designed as an advanced 4-day learning input to share and review on-ground actions and build skills for deepening interventions. New theamatics included instructional design and facilitation skills as well as exploring cross border relations. In concert with strategies included outbound sessions on team building, simulation games, case studies, experiential learning and open space sessions during which participants designed and facilitated their own sessions and gave each other feedback.

The Change Looms journey provides participants a chance to strengthen their leadership skills by becoming a member of a core group. The Core Group is responsible for identifying and responding to the collective learning needs of the participants.

In October 2013, the core group organized an advocacy event on the prevention of gender-based violence. The first half of the day was designed as an intimate cross-exchange and learning space for young people working on GBV prevention to discuss how they could engage men. This was followed by a discussion on GBV with Pramada Menon and Sanjay Srivastav, who shared their own experiences. Post lunch, the organizing group started putting together ‘Jamaavda – the Gender Mela’, which consisted of innovative, interactive stalls that invited young people to participate and take away gender related insights for their own lives. There were also two theatre performances on the issue that kept the audience engaged. The Mela was attended by approximately 125 people.

A large pool of 18 mentors provided support to the teams online and through meetings and field visits. Their experience and wisdom helped guide the participants in a variety of ways, including giving feedback on the team’s learning plans and proposals, helping them to reflect on their experiences and insights, providing moral support when they were facing roadblocks, suggesting learning opportunities and being a sounding board for their ideas.

This year we intentionally fore-grounded cross border relationships and encouraged participants to consciously make an effort to go beyond their boundaries and understand the cross border realities, especially the gender realities of the ‘other’. Through sessions on identity mapping, gender and power, as well as relationships and boundaries, the participants were able to identify their own notions on all of these issues. Additionally, by creating adequate safe and intimate spaces for reflecting, sharing and connecting with each other, the Development Centers became ideal spaces for strengthening cross-border relationships, which not only had positive personal implications, but also translated into joyful friendships, strong partnerships and impactful work on the ground. Changeloomers have connected with each other, co-facilitated sessions, and co-created designs and materials for their interventions. All interventions have undertaken local advocacy to highlight the need for awareness, dialogue, and empowerment processes for adolescents and young people to understand and challenge GBV.

In the last year we worked in partnership with the Bosco Institute, Jorhat for identifying and mentoring Change Looms teams in the North East. The success of this experiment inspired the team to explore further opportunities to develop partnerships with regional hubs, many of which are Change Looms alumni, who understand the Change Looms program and can serve as the best advocates of the Change Looms philosophy. This strategy will help Change Looms to decentralize and embed the program in other regions and make it more inclusive. It also serves as an opportunity for CL alumni who desire to remain connected to start a new journey and learn new skills. 3 meetings were organized with potential hub partners in October, December and February.

~ Jagannath, Swapno

Contact:
Ramneek Banga | ramneek.banga@commutiny.in
099531 23163 | www.pravah.org | www.commutiny.in

~ Amreen Ahmed, Pravah Jaipur Initiative

It takes age to make friends in the real world and one always has a boundary around who can be and who can’t be your friends. One usually does not challenge one’s comfort zone to go find a friend with whom your identity does not match. We want to find clones or make clones of our self in order to be friends. This journey has broken my notion that ‘great friends’ can’t be formed with people who have different realities.

~ Jagannath, Swapno

Through the gender spectrum discussions, my own horizon to looking at gender has expanded; has become more sensitive to and comfortable with members of the LGBT community, more respectful and empathetic, I am now willing to make them friends and not just respect their right to exist.

~ Amreen Ahmed, Pravah Jaipur Initiative

Changelooms - Learning and Leadership Journey

The Change Looms program supports young people who have started their own independent social initiatives. It provides skill and capacity building, mentoring and financial support and networking opportunities.

Variations in the programs of the Learning Voyages team may vary. For more information visit: www.commutiny.in

*Commutiny - The Youth Collective (CYC), is a Delhi-based National Federation of youth centric development organisations
Pravah Learning Voyages builds capacities of professionals and organisations in the areas of instructional design, facilitation skills, systems thinking, youth development and deep self awareness through comprehensive Learning Journeys. These programs use workshops, real life challenges and regular coaching and mentoring. The three flagship programs are 1) *The Big Ticket* on instructional design and facilitation for all learning professionals and 2) *Ocean in a Drop* on envisioning and embedding impactful youth interventions in organisations for program leads and CEOs 3) *Get Real* – a deep self awareness program for youth and youth facilitators and staff of civil society organisations.

In 2013 – 2014, Learning Voyages was invited by organizations, including Rajiv Gandhi Foundation and Breakthrough to conduct *Ocean in a Drop* and *Big Ticket* with their teams. Pravah also facilitated *Ocean in Drop* with 22 youth-led start-ups as part of the Changelooms learning and leadership journey and an open *Big Ticket*. Through these interventions, it built capacities of 75 youth facilitators from 30 organizations.

**Capability building and strategic engagements with Institutions**

Pravah Learning Voyages also customizes its interventions as per partner requirements. In the last year, key partnerships at learning voyages include:

### a) Poorest Areas Civil Society Programme (PACS):

PACS is an initiative of the UK Government’s Department for International Development (DFID) in partnership with civil society organisations (CSOs), with a mandate to help socially excluded communities to claim their rights and entitlements more effectively. Pravah in its capacity as lead partner, collaborated with PACS and designed and facilitated a 10-month long journey called ‘With.in…leading together’ with 350 PACS field facilitators across seven states. The objective of the journey was to build capacities of the field facilitators, so that they could create a space of shared leadership and strengthen their community-based organizations (CBOs).

The journey deepened the field facilitators’ understanding of social exclusion and the complex ways it operates. It helped them to understand the purpose of the CBO and their role as facilitators and leaders contributing to a larger goal. This realization enhanced their self – esteem and their ability to engage with CBO members as well as local government officials. As a result of the journey, they have started to plan and design the CBO meetings, create more inclusive spaces in their CBOs and ensure the participation of all its members, regardless of their caste, gender or religion. The CBOs have become more cohesive with members taking up responsibilities and moving towards collective action. In many cases, members have started to demand their rights and tackle corruption and discriminatory behavior within public institutions so that they become more accountable and responsive to the needs of socially excluded communities. CBOs have also been able to build community assets, bring about improvements in schools and *anganwadis*, and ensure that socially excluded groups can access their livelihood, health and nutrition rights under various government schemes.

**Contact:**

Santosh Abraham | santosh.abraham@pravah.org
098187 58069 | www.learningvoyages.com

**Before the With.in journey, it was mostly I who used to speak in the CBO meetings. Now I give space to others also to and try to set the agenda after hearing the problems of the villagers.**

~ Neelam Kumar, Chattisgarh

**Earlier the members used to give me a chair but after the training, I noticed that others were sitting on the ground and the SCs were sitting even further behind. I decided to sit with them and invited 2 SC women to become office bearers.**

~ Upendra, Jharkhand

**Earlier I and the CBO members were scared to approach the sarpanch and demand our rights. After the training we have gained more confidence and are no longer hesitant to meet the sarpanch.**

~ Goverdhan Ram, Chattisgarh
Manju is an articulate, 35-year old Bhil woman from Jhabua, Madhya Pradesh. She works with Adivasi Chetna Shikshan Seva Samiti (ACSSS).

At a very early age, Manju’s father passed away after which she and her mother moved to Kota (Gujarat). She had to drop out of school and help her mother look after their cattle. Every day, on her way to the fields, she would cross an anganwadi center where she would see children getting food to eat. One day, Manju went in and asked for some food, but she was humiliated and beaten up because she – a lower caste – had the temerity to enter the anganwadi center. When Manju was 15 years old she was married off to a man from a different caste (mali). Her husband has been very supportive and helped to educate her informally till class V.

Manju has a very dominant personality and tends to take the leadership role in her CBO. After going through the mud and sculptor exercise during the Foundation Retreat, Manju realized that CBO members will not be able to take ownership, if she does not give them the space to make decisions and lead. This shift brought about a change in her role in her CBO. After going through the mud and sculptor exercise during the Foundation Retreat, Manju realized that CBO members will not be able to take ownership, if she does not give them the space to make decisions and lead. This shift brought about a change in her role in her CBO. According to Mr. Benedict, the founder of ACSSS, Manju has become more independent and is now able to develop a strategy and decide on the next steps along with the CBO members. As a facilitator, Manju has learnt to develop and use creative exercises to engage her CBO members and help them to learn. This has increased their ownership for the CBO.

Today the CBO meetings are being held regularly and Manju has observed a big change in the members. “Previously, the community people did not know how to demand their rights, how to write an application, how to talk to the officials etc. Now the situation is such that even if I don’t go to the CBO for some reason or other, the CBO members go ahead and hold the meeting, identify the issue and take collective action.”

Pravah partnered with CYP Asia, and Nehru Yuva Kendra Sangathan (NYKS) on setting up a model youth Club/ youth resource center in Chandigarh with youth from the re-settlement colonies; with the aim of developing a manual for this process. Last year saw the design and delivery of the workshops with youth club members in Chandigarh and documentation and analysis of the process, which will be part of the manual. The objective is to create a practice-based guidebook for youth facilitators that will help them set up effective youth clubs where young people will demonstrate leadership. The e-version of the manual will be released in November 2014.

Last year, we partnered with Dr. Glenda Eoyang, to bring to India and facilitate a two-day Adaptive Action Laboratory program for NGO and corporate leaders called ‘Taming Turbulence: Managing Simultaneous Change at Multiple Levels’. Dr. Glenda Eoyang, is an international expert in the field of human systems dynamics and managing complex change, and the founding executive director of HSD, a network of professionals working at the intersection of complexity and social sciences. 15 NGO and corporate leaders participated in the program. She also did a 2-day, customized training for the Pravah team.

Pravah Learning Voyages worked with the Breakthrough team to help create a multimedia toolkit on Gender-based violence.

Pravah Learning Voyages held a workshop with the RGF team to build an understanding of how to design a curriculum and then co-created a leadership curriculum for adolescent girls with whom RGF works in 4 states.

Pravah’s Learning Voyages

Learning Voyages builds capacities of individuals and organisations to conceptualise, design and implement high impact youth interventions across issues.

b) Commonwealth Youth Programme (CYP):

c) Human Systems Dynamic Institute (USA):

It has been a humbling experience hearing people’s stories in West Bengal and Chattisgarh. I have started reading narratives of caste and it has created a lot of turmoil inside me. I realize what a protected life we lead and also bringing up my child, I realize how we cut them off from certain realities in our bid to protect them.

~ Ishani, Facilitator, Pravah

It was thinking on our feet. Thinking like them, imagining what they had to struggle with so that what they had in their hand was something they could take forward and apply and make it happen. It was making oneself available. Not losing patience when someone was struggling. Learning and struggling with them, not knowing what to do next. Learning what it really means to be socially excluded.

~ Naghma, Facilitator, Pravah

Contact: Santosh Abraham | santosh.abraham@pravah.org 098187 58069 | www.learningvoyages.com
Pravah’s Streaming Initiative develops long-term, strategic partnerships with like-minded organizations to co-create youth interventions and/or incubate new youth organizations. The aim is to create a strong network that can advocate for youth development. The Streaming Collective currently comprises 8 partner organizations working on youth development in different parts of the country.

Some of the programs the Streaming Initiatives have co-created with partners are:

**Caste in Stone?**

Supported by Christian Aid, a curriculum called *Caste in Stone?* on social inclusion was jointly conceptualized and developed along with 3 partners - Anhad Pravah, Pravah Jaipur Initiative and Patang. Using a psycho-social framework, this journey seeks to change mindsets of individuals and encourages them to reflect on their attitudes, values and behaviors so that they can develop more inclusive identities.

**Entrepreneurship Development Program**

A program to promote rural development entrepreneurship was jointly conceptualized and developed with Synergy Sansthan (Harda, MP), Milaan (Sitapur, UP) and Saheer (Mumbai). During the year 30 participants underwent the program across 4 batches, with the emergence of 2 rural micro enterprises.

**The Streaming Partners:**

**Aajeevika Bureau, Udaipur, Rajasthan**

Aajeevika Bureau provides services, support and security to rural, seasonal migrant workers, many of whom are young people.

Pravah and its strategic partner – Communiti – The Youth Collective (CYC) facilitated Aajeevika Bureau to look beyond the economic and security needs of migrant workers and to recognize the existence of higher order needs, such as dignity and self-respect. Aajeevika Bureau has set up a satellite STEP Academy (skill training centre) at Sabla near Udaipur. Through this partnership this is space is also being explored as a 5th space youth resource centre. There is a plan to build a core team of volunteers who would run the centre and bring more young people to the space.

**Pravah Pahal, Hyderabad, Telangana**

Pravah Pahal designs and facilitates life skills programs for adolescents.

The Streaming partnership supported Neha Swain – a former team member of Pravah to start and strengthen Pravah Pahal. This initiative designs and facilitates life skills programs for adolescents. Since its inception, Neha was successful in reaching out to approximately 90-100 young people to sensitize them on the issue of social exclusion.

**ALFA Educational Society, Udaipur, Rajasthan**

ALFA Educational Society provides local youth with opportunities and resources necessary to change both their lives and their communities for the better. It was selected as a streaming partner in 2014. Through the Streaming partnership, ALFA designed a self-society learning journey for youth and ran a pilot of the program from January 2014 to March 2014. As part of this program they aspire to create their youth resource centre - Sanjha Manch - as a 5th space based on the values of democracy and secularism. The objective of this space is to bring young people of different communities, religions, castes and classes together so that they can find common ground through sharing of experiences. In the last year, ALFA took 70-80 young people through an intensive leadership journey and 10 of these young leaders designed and implemented social action projects, such as awareness generation on rights of tribal youth, leadership skills of adolescent girls, and participation of adolescents in the *bal panchayat*.

**Patang, Sambalpur, Odisha**

Patang is a youth organization that provides a platform for young people to engage with social justice issues. Through this partnership, Pravah facilitated Patang to review and strategize the convergence of its youth programs in Bolangir, Odisha, where Patang has a youth resource centre. From November 2013, Streaming also co-created the *Caste in Stone?* curriculum with Patang and supported the Patang team to facilitate this journey with approximately 100 young people in Sambalpur, Odisha. Through this process young people were sensitized to the issue of social exclusion. At the end of the journey, 20 young leaders designed and led social action projects including poster making, screening of documentaries in the villages and holding village level youth meetings to initiate discussions on social inclusion.

**Pravah Jaipur Initiative, Rajasthan**

Pravah Jaipur Initiative (PJI) is a Pravah-led incubation, which provides young people in Jaipur with a space where they can undergo a journey from Self to Society. The Streaming partnership supported the PJI leadership team through regular mentoring, field visits and monthly review processes. It also facilitated the team to analyze the gaps in the organization and find innovative ways of addressing them. Team members got valuable opportunities to build their design and facilitation skills. Two new programs that were initiated by PJI with the support of Streaming were an adolescent intervention on gender-based violence as well as the *Caste in Stone* journey with approximately 90-100 young people to sensitize them on the issue of social exclusion.

**Anhad Pravah, Indore, Madhya Pradesh**

Anhad Pravah aims to create a space where young people can avail structured exposure opportunities, such as workshops, internships, clubs, volunteering, and also interact and learn with people beyond borders of caste, religion and gender.

Through the Streaming partnership, Shipa Jhawar – a former team member of Pravah – was supported to start Anhad Pravah and develop the office space into a youth resource centre where young volunteers can co-lead the space, facilitate sessions on issues of their choice, set up a library, screen movies and initiate discussions. A group of young people also participated in the Malwa Kabir Yatra where they not only listened to musicians from different regions but also learnt to sing Kabir in different languages and explore the concept of caste.
Synergy Sansthan, Harda, Madhya Pradesh
Synergy Sansthan works for the empowerment of Dalits, poor and marginalized communities to address their immediate needs and to provide better access to their rights and entitlements. The Streaming partnership has enabled it to co-create and implement the Entrepreneurship Development Program. In the last year, five participants were able to form clear business ideas and intend to establish their own enterprises. These ideas included a “poha” (puffed rice) manufacturing unit, flour milling unit, bakery and a bamboo jewelry unit. Streaming also mobilized seed capital of Rs. 50,000 from Unniti Foundation for a graduating entrepreneur of the program. This seed capital, extended in the form of a soft loan, was utilised for establishing a “Dona” (paper plates) manufacturing unit.

Yeh Ek Soch Foundation, Lucknow, Uttar Pradesh
Yeh Ek Soch (YES) Foundation is a youth-led organization that provides young people with opportunities to volunteer and engage with social issues. It was selected as a Streaming partner in 2014. Through this partnership YES designed a self to society learning journey for youth and ran a pilot of the program from January 2014 to March 2014. As part of this program it facilitated the journeys of approximately 100 young people. The young leaders designed and led 10-15 social change initiatives. These initiatives included street plays on SRHR, non-formal classes for slum adolescents, music on peace and conflict, etc.

The Streaming Initiative also provided learning opportunities to young leaders who are part of the journeys facilitated by the Streaming partners. While 19 youth leaders participated in the SMILE journey and enhanced their leadership skills, 2 youth facilitators attended the Ocean in a Drop workshop and were able to improve their design and facilitation skills and develop a more nuanced understanding of youth development.

Learning Opportunities

My Space – My Unmanifesto
Campaign
This online and on-ground campaign was conceptualized and led by CYC as a lead up to the national elections. Run in partnership with 45 youth-led organizations, including Pravah, Streaming and Change Looms partners, the campaign reached out to 14 lakh young people in 22 states and inspired them to engage with development issues, become politically aware and articulate the promises they would like their elected representatives to include in their party manifestoes and fulfill, if they were to come into power. It also initiated a dialogue with 40 elected representatives across the country.
The Board continued to provide significant insights on various strategies and programmes of Pravah. One of the distinguishing features of Pravah’s Governing Board, is the active engagement of the members. Arjun Shekhar, (President of the Board) continues to be our Chief Volunteer and has volunteered on average 10 days a month. He plays an active governance role and provides design support to several programmes including the Adolescent and Youth Interventions, the Teen Club programme, Change Looms, Streaming, Learning Voyages, HR and Fundraising. He has been a mentor to several individuals in Pravah, and plays a critical role in nurturing and building the leadership of senior members of the organisation. Gouran Dhawan Lal continues to support the HR function as a member of the HR task force, and through deep and regular meetings with various team members. Adeesh Mehra’s mentorship of the Accounts and Finance function has ensured a high quality orientation and efficient operations. Ravi Gulati and Renuka Motihar continue to inspire many young Changelooms participants, and have enriched their journeys by facilitating them to broaden their perspectives and their ability to have a real impact on the ground. Along with the other non-executive members - Rahul Roy, Sunita Menon and Suman Kumar – the Governing Board has provided strategic inputs and robust governance.

As an organization, Pravah has always worked towards developing and mentoring leaders from within. For the last few years, the Pravah leadership has consciously focussed on building capacities and supporting a second line to take on the leadership of the organization. Three leadership journeys for team members who were planning to take on new leadership roles were launched in April 2013. During their voyage that concluded in January 2014, each of these individuals identified a vision for themselves and the space and individual leadership areas to work on and developed milestones for their leadership journey. Their learning goal also entailed demonstrating this space as one that promoted a joyful community and learning opportunities for their team members.

To facilitate this voyage, the team members met with their mentors every fortnight so they could share their leadership experiences, learn from each other and discuss their leadership dilemmas. This journey has helped individuals to take up new roles within the organization and lead their respective spaces.

At Pravah, we accept change and realise the significance of renewal of ideas, vision and systems with changing times and realities. We also believe that the process of change should be organically embedded in the structure, where in the staff feels at ease with the idea of change and the processes that leads to it. The transition also requires wider acceptance, which happens through a process of democratic decision making and open sharing between the employees. This is what Pravah believes is the concept of Shared Leadership, where in not merely decisions come from top to bottom but each individual plays a vital role in the final decision making. The September 2013 organizational retreat at Orchha gave us a lot of space to capture some beautiful and motivating stories and journeys of members of Pravah who have been associated with the organisation since its inception. It also showcased dialogues between the two sides of new and older leaderships, to mutually set expectations and understand each other’s fears and challenges foreseen by them to achieve the transition.

The journey helped me gain a lot of confidence in the leadership spaces. The reflective conversations helped me take on the leadership role in Youth Intervention and support the team to aspire towards new directions.

~ Dipanjana Bhattacharjee
Programme Coordinator,
Youth Intervention Team
During FY 2013 – 2014, we expanded our donor base by bringing in several new donors. These include UNFPA, Christian Aid, Action Aid, Jagori Rural Charitable Trust, Unniti Foundation and Rajiv Gandhi National Institute of Youth Development. UNFPA invited Pravah as a resource organization to support the re-strategizing and strengthening of Teen Clubs set up by Nehru Yuva Kendra Sangathan in Bihar, Madhya Pradesh, Maharashtra, Odisha and Rajasthan. Christian Aid supported the development and implementation of a curriculum called Caste In Stone? with college youth to promote more inclusive identities and address the issue of caste-based discrimination. Action Aid supported the Pravah Jaipur Initiative to work with college youth to build more inclusive identities. Unniti Foundation and Rajiv Gandhi National Institute of Youth Development (RGNIYD) both supported the Change Looms programme. Jagori supported the Safe Schools project – an intervention to promote gender sensitivity and safety in government schools.

We also entered into new partnerships and worked in the areas of curriculum design and training in collaboration with PACS, Rajiv Gandhi Foundation and Breakthrough.

Pravah continued to engage with individual donors through personal appeals and relationships. Misereor and Oxfam India renewed their funding for the SMILE programme. Misereor has been supporting Pravah since 2003 and Oxfam India’s grant started in 2010. Partnerships with Australian Volunteers International, VSO India and UK continued through this year, with possibilities of a strengthened relationship in future.

There have been transitions in the fundraising team, with the Director-Resource mobilisation moving out from an executive role to a more governance and support role; and two new members joining the team on a part-time basis. This last year also saw efforts to build capacities and inspire program directors and team to play a more active role in fund-raising, such that the function is held by an expanded pool of people within Pravah.

In the coming year, we are planning to leverage the opportunity provided by the new clause with respect to CSR of the Companies Act, by tapping into the resources that this clause will release. The aim is to inspire companies to invest in a youth centric consortium which would work in areas outlined in Schedule 7 of the Companies Act, including promoting education, employability, gender equality and measures for reducing inequalities faced by socially and economically backward groups, ensuring environment sustainability, promoting preventive health care and rural development projects. Efforts to expand our donor base – institutional as well as individual – will continue.
# Balance Sheet

**Balance Sheet As at 31st March, 2014**

(Currency: Indian Rupees)

<table>
<thead>
<tr>
<th>Particulars</th>
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## INCOME & EXPENDITURE ACCOUNT

(Currency: Indian Rupees)

FOR THE YEAR ENDED 31ST MARCH 2014

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</tr>
<tr>
<td>ii LOCAL</td>
<td></td>
<td>1,20,01,007</td>
<td>1,96,24,010</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td>2,68,72,712</td>
<td>2,65,93,467</td>
</tr>
<tr>
<td><strong>EXCESS OF INCOME OVER EXPENDITURE</strong></td>
<td></td>
<td>13,62,937</td>
<td>(42,20,979)</td>
</tr>
</tbody>
</table>

**APPROPRIATION**

GENERAL FUND

<p>| | | | |</p>
<table>
<thead>
<tr>
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<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>FCRA</td>
<td></td>
<td>2,72,056</td>
<td>1,93,371</td>
</tr>
<tr>
<td>LOCAL</td>
<td></td>
<td>(61,546)</td>
<td>15,14,074</td>
</tr>
</tbody>
</table>

EARMARKED FUND

<p>| | | | |</p>
<table>
<thead>
<tr>
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<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>FCRA</td>
<td></td>
<td>16,36,354</td>
<td>(29,69,063)</td>
</tr>
<tr>
<td>LOCAL</td>
<td></td>
<td>(4,83,927)</td>
<td>(29,59,360)</td>
</tr>
</tbody>
</table>
**BOARD MEMBERS**

Adeesh Mehra  
Arjun Shekhar  
Ashraf Patel  
Gouran Lal  
Ishani Sen  
Kamini Prakash (Till October 2013)  
Meenu Venkateswaran  
Rahul Roy  
Ravi Gulati  
Renuka Mothar  
Suman Kumar  
Sunita Menon

---

**INTERNATIONAL VOLUNTEERS**

Mridula Amin  
Rebecca Thomas Packer  
Ruth Kociemba  
Ryan Loney  
Sven Przywara

---

**INTERNATIONAL FELLOWS**

Allison Horton  
Rorujorona Ferell

---

**CONSULTANTS**

Ajay Pandit  
Ashish Kumar  
Kanika Sinha  
Kavita Arora  
Monisha Vemavarapu  
Naghma Abidi  
Neha Swain  
Nitin George  
Rupali Agarwal

---

**INTERNS**

Akanksha Adya  
Ambika Puri  
Aradhana Chaturvedi  
K Zothanpuii  
Khawlsumangsang  
Moasenla Longchar  
Ravinder Singh  
Rebek L Khiangte  
Sameera Mudgal  
Shashank Venkatesh  
Shimanti Sengupta  
Shreyanjanan  
Bhattacherjee  
Sooraj Kapur
PRAVAH
Building youth leadership for social change

We are an organisation based in New Delhi. Since 1993, we have been working for youth development and active citizenship because we believe that young people need greater opportunities to play active roles in building a just and peaceful society.

Through design and delivery of innovative programmes, we take diverse groups of young people and those who work with young people on learning journeys. We support them to understand themselves, develop leadership and relationship skills, engage with social issues and explore their potential as change makers.

We incubate new youth organisations and facilitate youth-led change initiatives to grow through providing organisation development support. Simultaneously, we build partnerships with organisations as well as individuals to create collectives that can advocate for youth development and active citizenship.

Contact Us:
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